



The Natural Therapy Centre Redruth Open Day Saturday 28th Nov 11 - 4 pm

Come and see how we can help you;

Recover from sports injuries quicker;
Reduce aches and pains;
Relieve stress and worry.
Relax and unwind and have “me” time.

£5 Taster Sessions available in;

Sports Massage; Osteopathy; Acupuncture;
Reflexology; Aromatherapy;
Homeopathy; Bowen Therapy; Counselling;
Stress Relief Techniques; Indian Head Massage
Reiki; Baby Massage

2.30pm Talk on Handling Depression & Anxiety

Find us in Forth Noweth; Next to Manor GP Surgery
Redruth TR15 1AU

www.thenaturalcentre.co.uk

Phone 01209 315500